One Act of Mercy

Reflect God's character through practical hope

Psalm 146:7-9 shows God bringing justice, food, freedom, sight, dignity, protection, and care. Ask God to help you notice one person who needs hope, encouragement, or help - then respond without making yourself the center of the story.

Notice

Who has God placed on my heart or in my path?

What might this person be carrying? What do I know, and what am I only assuming?

Which need is mine to address: listening, encouragement, food, presence, advocacy, practical help, or prayer?

Choose

The specific act of mercy I will offer:

When, where, and what preparation is needed?

How will I protect this person's dignity, privacy, agency, and boundaries?

Act

- Offer help without demanding recognition or a particular response.
- Listen before deciding what the person needs.

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- Do not post names, photos, or private details without permission.
- If the need exceeds your role or ability, connect the person with appropriate support.

Reflect

What did I learn about this person, myself, and God?

Where did I see God's justice, compassion, faithfulness, or care?

What faithful next step, if any, should follow?

Optional testimony

Share what God taught you without exposing the recipient or turning mercy into self-promotion.

A brief God-centered testimony I can share: